

## Churchwardens' Chat

Do join us tonight at 5pm for the **Christmas Carol Service**.

Tomorrow evening Spooner Row Church welcome you to their **7pm 'Carols around the organ'**, with mince-pies afterwards.

Our family **Crib Service** is held on **Christmas Eve at 3pm**.

If your children would like to dress up and take part please arrive before 2.30pm so they can choose a suitable costume. During the service the children will form a nativity tableau at the chancel steps.

All are welcome – no rehearsal is required!

There is also a crib service at Spooner Row which starts at 4.30pm.

**Advent reading:** books are available to borrow at the back of the Abbey. Please remember to return them after Christmas.

### Please join us for our Christmas services at the Abbey:

Sun 22 Dec	5pm	Christmas Carol Service
Tue 24 Dec	3pm	Crib Service
	11.15pm	Midnight Mass
Wed 25 Dec	8am	Holy Communion (BCP)
	10.30am	Sung Eucharist
Sun 29 Dec	8am	Said Holy Communion (BCP)
	10.30am	Sung Eucharist
	5pm	Evensong

### At Spooner Row Church:

Mon 23 Dec	7pm	Carols round the organ
Tue 24 Dec	4.30pm	Crib Service
Wed 25 Dec	11am	Holy Communion

### Quiet Day at Walsingham Sat 8 Feb 2025

You can find more information about this at the welcome desk. Do sign up if you are interested.

### Pastoral visits

If you know anyone who might welcome a pastoral visit please let Fr Andrew know: vicar@wymondhamabbey.org.uk, 07543 593903  
Please note that Fr Andrew's usual day off is a Monday.  
He will also be on leave on 26 and 27 December.

## Wymondham Abbey ❖ Sunday 22 December 2024

### The Fourth Sunday of Advent

*Welcome to the Abbey, especially if you are newly with us or visiting. Use this sheet together with the Eucharist service book for the hymns and readings.*

*Today we use the New English Hymnal: **188** (omit vs 4,5&6), **461, 3, 186***

*We welcome The Revd Dr Robert Hawkins, Asst. Curate, St James', Wulfstan Way, Cambridge as our preacher today.*

*Note to families with young children: the children will be invited during the Vicar's welcome to go into St Benedict's for Sunday Club. They will then come back into church at the Peace. The children are then welcome to be in the play area or with you in the main seating, as you prefer.*

*After the bell rings, the choir and clergy enter and we all stand to sing **Hymn 188** (omit verses 4, 5 and 6).*

*We begin on page 3 of the Eucharist service book.*

*The Advent candle is lit:*

*Page 4: we sing the **Kyries** to the St Peter's Mass setting by Rob Goodrich*

*Page 5: **First Reading** – Micah 5: 2–5a*

*You, O Bethlehem of Ephrathah, who are one of the little clans of Judah, from you shall come forth for me one who is to rule in Israel, whose origin is from of old, from ancient days.*

continues

Therefore he shall give them up until the time when she who is in labour has brought forth; then the rest of his kindred shall return to the people of Israel.

And he shall stand and feed his flock in the strength of the LORD, in the majesty of the name of the LORD his God. And they shall live secure, for now he shall be great to the ends of the earth;

This is the word of the Lord.

**Thanks be to God.**

*We sing **Psalm 80: 1–8**. The Choir will sing the response first, which we repeat, and which we then sing after each verse (sung by a solo cantor):*



**R Turn us a-gain, O God, show the light of your countenance, and we shall be saved.**

Hear, O Shepherd of Israel, Shine forth, you that are enthroned upon the cherubim, before Ephraim, Benjamin and Manasseh. Stir up your mighty strength and come to our salvation. **R**

O Lord God of hosts, how long will you be angry at your people's prayer? You feed them with the bread of tears; you give them abundance of tears to drink. You have made us the derision of our neighbours, and our enemies laugh us to scorn. **R**

*Page 5: we stand for the **Gospel** reading – Luke 1: 39–45*

In those days Mary set out and went with haste to a Judean town in the hill country, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the child leapt in her womb. And Elizabeth was filled with the Holy Spirit and exclaimed with a loud cry, 'Blessed are you among women, and blessed is the fruit of your womb.

And why has this happened to me, that the mother of my Lord comes to me? For as soon as I heard the sound of your greeting, the child in my womb leapt for joy. And blessed is she who believed that there would be a fulfilment of what was spoken to her by the Lord.'

*Page 6: **Sermon** – 'The Four Last Things: Hell'.*

*Page 7: **Prayers of Intercession**, during which we pray especially for:  
The sick and housebound: Zorina Bell, Di Capocci, Vivienne Clifford-Jackson, David & Marion O'Connor, Julia Parker, Elizabeth & Roy Pulsford, Jennie Rackham.*

*Years' Mind: Graham Barrell, David Parkinson*

*Page 8: after the **Peace**, we sing **Hymn 461**.*

*The **Eucharistic Prayer**, during which the bread and wine are consecrated, begins on page 9. Please join in the singing of the 'Holy, Holy' (p10) and 'Lamb of God' (p13) in the 'Mass of the Holy Angels' setting on the yellow sheet.*

*Page 14: during the distribution of **Communion** the Choir will sing: 'A Tender Shoot' by Otto Goldschmidt and then we all sing **Hymn 3**.*

*After the **Blessing** we sing **Hymn 186**.*

*Please join us for refreshments after the service.*



### **Parish Giving Scheme**

Thank you to all those who give regularly via this scheme. If you are not on the scheme you can offer cash or card donations at any of the contactless giving stations. You can support the Abbey at [www.wymondhamabbey.org.uk/giving](http://www.wymondhamabbey.org.uk/giving)

The life of the Abbey depends on congregational giving, so we are very grateful for your support.